

Upper Musquodoboit Consolidated School

8416 Hwy 224 Upper Musquodoboit, NS B0N 2M0

Principal: Troy Smith Vice Principal: Craig Ashley Administrative Assistant: Cindy Fleck

January 2025 Newsletter

Message from Administration:

Welcome to 2025! We hope your holidays were a chance to connect with people and places that mean the most to you and your first days of the new year have been positive ones. Days and temperatures continue to fluctuate and are often much cooler. Please ensure that students are dressed for the winter season. You may want to think about ensuring that the sweaters, coats, hats and maybe mittens or gloves are at the ready and in the backpacks to wear if needed. If snow pants are a basic solid color, consider printing the students name on the inside tag for easy identification.

Quick Notes:

- **Head Lice Prevention:** Not only can colds and flu bugs be spread at school, so can head lice. Head lice are tiny insects that live on the head. They lay eggs (called nits) close to the scalp. Head lice spread through direct contact among children (head-to-head), or indirectly on items such as hats, combs, hairbrushes, headbands, helmets, or toques. Head lice do not jump, fly, or hop but they crawl very quickly. We encourage you to remind your children not to share anything that could cause a transfer of head lice. Check your child's head regularly for either live lice or nits (eggs), once a week as part of your routine and after every sleepover. Keep long hair tied back or braided. Head lice spread easily, so if one person in the household has lice, others may have it too. Check everyone in the household on the same day. Once your child has been treated, he/she may return to school if there are no live lice. It is important to carefully follow the directions on the treatment package so that re-infestation does not occur. All family members should be checked and treated as required. For more information, please click the link below to read the pamphlet "How to Prevent, Find & Treat Head Lice", written and reviewed by Public Health Services, Nova Scotia Health Authority

<http://www.novascotia.ca/dhw/publications/public-health-education/07135-head-lice-pamphlet-en.pdf>

School Calendar:

A few dates to keep in mind are:

- January 2: Teacher Directed Day – First day of 2025 for staff
- January 3: First day of 2025 for students
- January 27: International Holocaust Remembrance Day
- January 27: Family Literacy Day
- January 29: Lunar New Year

[Safe Arrival](#)

[PowerSchool Parent/Student Portal](#) - Parents/guardians can log in to <https://sishrsb.ednet.ns.ca/public/> to access the SchoolMessenger website to report future absences.

[SchoolMessenger App](#) - Parents/guardians can download the SchoolMessenger app for Android and iOS devices and use their username and password for the PowerSchool Portal.

[Toll-Free Number](#) - Parents/guardians can call 1-833-582-6940 to report future absences using an automated system.

All three methods are available 24 hours a day, 7 days a week. Absences can be reported at any time before the start of school on the day the student will be absent. Up to five consecutive absences can be recorded at once.

[Inclement Weather](#)

It is HRCE's goal to communicate any changes to the regular operations of schools and/or buses as close to 6:00 a.m. as possible.

[A 6:00 a.m. announcement could be:](#)

- All schools are delayed in opening by two hours and bus pickups are delayed by two hours; or
- All schools are open, but some or all busses are not operating for the day; or
- Some schools (either individually or by family) are closed for the day; or
- All schools are closed for the day.

If weather deteriorates, or is forecasted to worsen throughout the morning, [an 11:00 a.m. announcement could be:](#)

- Bussed students will be picked up two hours earlier than their regular dismissal time; and
- Walking students will be dismissed at their regularly scheduled lunch hour.

[How will I find out?](#)

- By email to the addresses in PowerSchool
- By text message, **if you have opted-in**. If you aren't sure if you have opted-in, text Y to the following number: **978338**
- [On the HRCE website](#)
- [On X \(formerly Twitter\)](#)
- [On Instagram](#)

It's important to always have a plan in place for childcare in the event of any cancellation.

For more information on how HRCE manages during inclement weather, visit hrce.ca/weather.

Will school be cancelled?

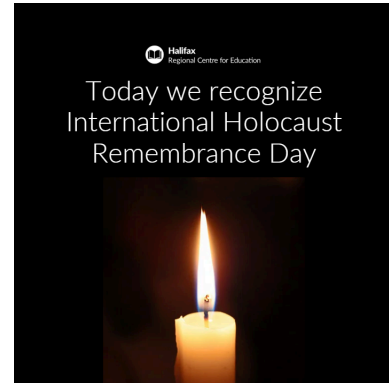
HRCE takes great care when making the decision to alter the normal operations of schools and school buses due to weather. Learn more at hrce.ca



International Holocaust Remembrance Day

International Holocaust Remembrance Day, observed on January 27, serves as a crucial reminder of the Holocaust.

Through survivor stories, students learn empathy, compassion, and the importance of standing against antisemitism and prejudice. By observing this day, we ensure future generations uphold human rights and dignity, fostering a culture of respect and inclusion.



January 27 is Family Literacy Day

Did you know? January 27 is Family Literacy Day! This special day is meant to raise awareness about the importance of reading and engaging in other literacy-related activities as a family.

This year's theme is "Learn to be Green, Together!" Make a pledge as a family to learn ways to be greener. Use less electricity, commute together, and reuse items. Being green together is a fun way to learn as a family while being kind to the environment.

Lunar New Year

Lunar New Year, also known as Chinese New Year or Spring Festival, will be celebrated on January 29.


It marks the beginning of the Year of the Snake, an animal sign that symbolizes wisdom, intuition, and renewal. It's a time for families to come together, honour their ancestors, and welcome the new year with hopes of prosperity and happiness.



UPCOMING EVENTS

Mark these important HRCE dates on your calendar!

JANUARY 2	NO CLASSES Teacher Professional Practice Day - PP-12
JANUARY 3	FIRST DAY OF SCHOOL FOR STUDENTS OF 2025
JANUARY 31	NO CLASSES Assessment & Evaluation HIGH SCHOOL ONLY



NOVA SCOTIA SCHOOL LUNCH PROGRAM 2024 – 2025 Ordering Schedule

Ordering opens on Fridays at midnight and closes on Wednesdays at noon

SEPTEMBER 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER 2024

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER 2024

S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER 2024

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22	23	24	25	26	27	28
29	30	31				

JANUARY 2025

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19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY 2025

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23	24	25	26	27	28	

MARCH 2025

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23	24	25	26	27	28	29
30	31					

APRIL 2025

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY 2025

S	M	T	W	T	F	S
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JUNE 2025

S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

LEGEND

- Week 1 & 2 Menu Served
- Week 3 & 4 Menu Served
- Ordering Window for Week 1 & 2 Menu
- Ordering Window for Week 3 & 4 Menu
- No School

Some schools may have additional closure dates. Please check your RCE/CSAP calendar for school-specific closure dates