October 20-24 is School Bus Safety Week

Student safety is a shared responsibility! During School Bus Safety Week, everyone can work together to ensure the safety of students on and around the school bus.

Did you know that HRCE has more than 33,000 students who ride the school bus every day?

School Bus Safety Week is a great time to remind students, families and schools, of a few daily safety tips that everyone can follow to ensure all students get to school safely.

Bus Stop Safety

Be on time for the bus and please don't run to/from the bus.

Stand back off the road and don't push or shove when waiting at a stop.

Always cross in front of the bus. Walk three metres (10 feet) in front of the bus to a point where you can see the driver and wait for the driver's signal to cross. Proceed to the centre of the road, STOP, LOOK & LISTEN and cross the road when it is safe.

Never crawl under a school bus or cross the road behind the bus. Know the danger zones around the bus.

School Bus Safety

Please respect and listen to the driver and avoid distracting them. Please keep noise levels to a minimum.

Do not stand or move seats while the bus is in motion.

Never put your hands, arms, feet or head out of the bus window.

Ask the driver for permission before you open the bus windows.

Do not throw anything inside the bus or out of the windows.

Keep the aisle clear at all times when the bus is in motion.



Remember: In Nova Scotia, it's illegal to pass a school bus when its red lights are flashing and the stop arm is extended.

You can find out more information about riding the school bus in HRCE here.



October is Canadian Library Month

October is Canadian Library Month, a time to celebrate our wonderful libraries and the Library Support Specialists who support our students. The third Friday of the month is Canadian Library Workers Day and the fourth Monday is Canadian School Library Day. Please join us in thanking our school library workers for all the do every day in creating safe and welcoming spaces, encouraging a love of reading and helping students succeed in school and beyond. Learn more here.

Meet Our Library Support Specialist: Laureena Leadbeater

Laureena plays an important role in supporting both students and staff in our library. She helps create an inviting space where students can explore books, develop a love of reading, and learn how to use library resources effectively. Laureena is looking forward to encouraging curiosity, supporting learning, and helping our school community make the most of everything the library has to offer.





Demographic Form Updates



On September 9, the Demographic Updates Form were made available to families in the PowerSchool Parent Portal. This form should be updated by every family to ensure all information about your child is current, including contacts, medical information, consents and demographics. Even if there are no anticipated changes, please still review this information and submit the form. This information will then be reviewed by the school before updates are finalized. This deadline to submit the form is **October 6, 2025.**

Nova Scotia School Lunch Program

The Nova Scotia School Lunch Program is a provincial lunch program that offers public school students across Nova Scotia nutritious lunch every school day.

UMCS is launching October 6, diner profiles can be created starting Thursday, September 18 and meals can be ordered starting September 26.

Nova Scotia Lunch Program Link



Head Lice Prevention – What You Need to Know

Remind your child not to share hats, brushes, or hair accessories.

Tie back long hair or keep it braided.

Check your child's head weekly and after sleepovers.

If lice are found, check all household members and treat as needed.

Children can return to school after treatment and if no live lice are present.

For more information, please see the Public Health pamphlet:

How to Prevent, Find & Treat Head Lice



Arrive any time between 5:30 and 7 pm

Bring your flashlight and respectfully search for the graves of some notable residents who shaped our valley.

Leave with Halloween treats

Donations to the Middle Musquodoboit Cemeteries Committee vill be accepted

